

Term	Learning Area	Year 7	Year 8	Year 9	Year 10	Year 11	
Autumn term	Grow throughout life by learning and reflecting on yourself, your background, and your strengths.	Who am I? Students develop self-awareness skills by reflecting on their likes, cultural heritage, connections and interests. They will also explore how some characteristics are protected by law.	What are my interests? Students create a collage of their interests. They also explore what they're proud of and content their interests and achievements with different careers.	What are my skills? Students explore the importance of skills for the workplace and reflect on how transferable skills help us to prepare for the jobs of the future.	What type of career is best for me? Students explore the four different types of career (single track, serial, portfolio and lifestyle) and decide which one could be right for them. This session is aimed at learners aged 14-16.	Personal statements A session reserved for Year 11 students to write their personal statements that aims to provide focused time and support for crafting compelling applications. The session helps students articulate their achievements, aspirations, and strengths effectively, with guidance from their form tutors.	
Spring term	Manage your career actively, make the most of opportunities and learn from setbacks.	What is a career? Students explore how a career can be defined as a career journey. They identify activities that form part of their career journey and look towards career ideas for the future.	Creating the life you want: making a vision board Students explore what they might want their life to look like in the future. They create a vision board digitally or by hand using templates as a guide. Alternatively, they could make a vision board without a template. In the 60-minute lessons, students also create a RAM goal based on an aspect of their vision board.	GCSEs - Choice Choices Before choosing their initial GCSE subjects, students have a 50 minutes sessions that focuses on 1. Choosing subjects they enjoy and excel in, as this can lead to better performance and a more enjoyable learning experience 2. Thinking about potential career paths and the subjects that might be required or beneficial for those careers 3. Considering subject requirements: Some subjects might be necessary for future studies, such as A-levels or university courses2.	What does success mean to me? Students explore the concept of being successful in their career journey, considering different ways of defining success in life and work.	What comes after school: the main learning pathways Students explore the different learning pathways that could lead to them to reaching their career goals.	Revision - Good vs Bad Students review their current revision techniques and choose two new revision techniques to try out!
Summer term 1	Create opportunities by being proactive and building positive relationships with others.	What is an entrepreneur? Session 1 Students explore what it means to be entrepreneurial, considering the importance of taking initiative and learning from role models.	Careers library Treasure hunt #2 By the end of the lesson, students should be able to: 1. Define what a 'career' is. 2. Navigate the Careers library confidently to explore the variety of different careers there.	What is an entrepreneur? Session 2 Students explore what it means to be entrepreneurial, considering the importance of taking initiative and learning from role models.	Teamwork: What makes a great team player? By the end of the lesson, students should be able to: 1. Explain the qualities of a good team player. 2. List the skills and competencies students have themselves and how these make them good team players. 3. Record their own competencies using the Unifrog Competencies tool in their own time.	Coping with changes: Leaving secondary school By the end of the lesson, students will be able to: 1. Understand the changes that will take place when they move to secondary school. 2. Use a toolkit of ways they can manage these changes. 3. Navigate the Apprenticeships and College/Sixth Form tools to plan their next steps and complete their homework	
Summer term 2	Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.	Exploring possibilities: dream jobs Students analyse the skills and themes relating to their dream job and explore other careers with shared characteristics.	Challenges and rewards of work Students reflect on the challenges and rewards associated with being a student and explore the challenges and rewards associated with being in employment.	Your skills, your team, your future! By the end of the session, students will be able to: 1. Understand the different things that make collaborating in a team work well. 2. Assess their own competency strengths. 3. Use the Competencies tool and Careers library independently.	CVs & Covering Letters/Personal Statement As part of students' preparation for the application process to Sixth Form/College /Further Education, they will have a mock interview with professionals visiting us at St Benedict's in the beginning of July. This session is aimed to support students in creating a CV and be ready for the interview.	No session for Year 11 in Summer 2 - Exams	