

# Monday Week A



## Main meal

Mozzarella bake & garlic bread (V)	£2.35	Wheat/gluten/milk
Jacket potato & beans	£1.00	Milk

## Grab and Go

Chinese style no duck wrap	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Tomato & basil pasta	£1.25	Wheat/gluten
Pesto pasta	£1.25	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small sub roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Tuesday Week A



## Main meal

Sausage, mash & beans	£2.35	Gluten/milk
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Vegetarian sausage, mash & beans	£2.35	Gluten/milk
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## Grab and Go

Beef/cheeseburger	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Gluten/wheat/milk
Potato pot	£1.15	Wheat/gluten
Arrabiata pasta pot	£1.25	Wheat/gluten
Tomato & spinach pasta	£1.25	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Wednesday Week A



## Main meal

Chicken curry, rice & naan

£2.35

Wheat/gluten

Jacket potato & beans

£1.00

Milk

## Vegetarian option

Vegetarian curry, rice & naan

£2.35

Wheat/gluten

## Grab and Go

Sweet chilli chicken wrap	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Wheat/gluten/milk
Panini ( <i>various</i> )	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Tomato & spinach pasta	£1.25	Wheat/gluten
Sub roll ( <i>various</i> )	£2.00	Allergens detailed on product
Small filled roll ( <i>various</i> )	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton <i>Various flavours</i>	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Thursday Week A



## Main meal

Chicken vegetable pie, new potatoes & vegetables	£2.35	Gluten/wheat/milk
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Vegetarian pie, new potatoes & vegetables	£2.35	Gluten/wheat/milk
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## Grab and Go

Chicken burger	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Tomato & spinach pasta	£1.25	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.25	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Friday Week A



## Main meal

Jumbo fish finger, chips & peas	£2.35	Gluten/wheat/fish
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Cheese and broccoli quiche & chips	£2.35	Milk/eggs/gluten
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## Grab and Go

Fish finger wrap	£1.85	Gluten/wheat/milk
Macaroni cheese	£1.25	Gluten/wheat/milk
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Nachos & salsa	£1.30	Wheat/gluten
Chips	£1.00	
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Monday Week B



## Main meal

Bacon macaroni cheese & garlic bread	£2.35	Gluten/wheat/milk
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Macaroni cheese & garlic bread	£2.35	Gluten/wheat/milk
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## Grab and Go

BBQ chicken wrap	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.25	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Tuesday Week B



## Main meal

Chicken, squash and coconut dhansak, rice & naan £2.35

Jacket potato & beans £1.00 Milk

## Vegetarian option

Squash and coconut dhansak, rice & naan £2.35

## Grab and Go

Chicken burger	£1.85	Gluten/wheat/milk
Pasta tuk tuk	£1.25	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Arrabiata pasta pot	£1.25	Wheat/gluten
Tomato & spinach pasta	£1.25	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Wednesday Week B



## Main meal

Gammon, new potatoes & vegetables £2.35 Gluten/milk

Jacket potato & beans £1.00 Milk

## Vegetarian option

Quorn fillet, new potatoes & vegetables £2.35 Gluten/milk

## Grab and Go

Fajita wrap £1.85 Wheat/gluten/milk

Pasta tuk tuk £1.25 Gluten

Panini (various) £2.00 Wheat/gluten/milk

Pizza slice £1.40 Wheat/gluten/milk

Savoury bake £1.95 Wheat/gluten/milk

Potato pot £1.15 Wheat/gluten

Tomato & spinach pasta £1.25 Wheat/gluten

Sub roll (various) £2.00 Allergens detailed on product

Small filled roll (various) £1.00 Allergens detailed on product

Bagel £1.70 Wheat

## Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

## Drinks

Water £0.50

Milk carton £0.65 Milk  
Various flavours

Radnor fizz £0.70

Radnor splash £0.70

Juice carton £0.60

## Snacks

Yoghurt £0.90 Milk

Fruit pot £1.25

Yum Yum £1.00 Wheat/milk

Doughnut £0.90 Wheat

Popcorn £1.00

Jelly pot £0.60

Angel delight £1.05

Flapjack £0.85

Cookie £0.65





# Thursday Week B



## Main meal

Chilli con carne, rice & nachos	£2.35	
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Vegetarian chilli con carne, rice & nachos	£2.35	
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## Grab and Go

Beef burger	£1.85	Wheat/gluten/milk
Pasta tuk tuk	£1.25	Gluten
Panini ( <i>various</i> )	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten/milk
Potato pot	£1.15	Wheat/gluten
Tomato & spinach pasta	£1.25	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.25	Wheat/gluten
Sub roll ( <i>various</i> )	£2.00	Allergens detailed on product
Small filled roll ( <i>various</i> )	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton <i>Various flavours</i>	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	



# Friday Week B



## Main meal

Fish finger, chips & beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.00	Milk

## Vegetarian option

Quiche, chips & beans	£2.35	Egg/milk
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## Grab and Go

Fish finger wrap	£1.85	Wheat/gluten/milk
Macaroni cheese	£1.25	Gluten/wheat/milk
Panini ( <i>various</i> )	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Nachos & salsa	£1.30	
Chips	£1.00	
Sub roll ( <i>various</i> )	£2.00	Allergens detailed on product
Small filled roll ( <i>various</i> )	£1.00	Allergens detailed on product
Bagel	£1.70	Wheat

## Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

## Drinks

Water	£0.50	
Milk carton <i>Various flavours</i>	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

## Snacks

Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	

