
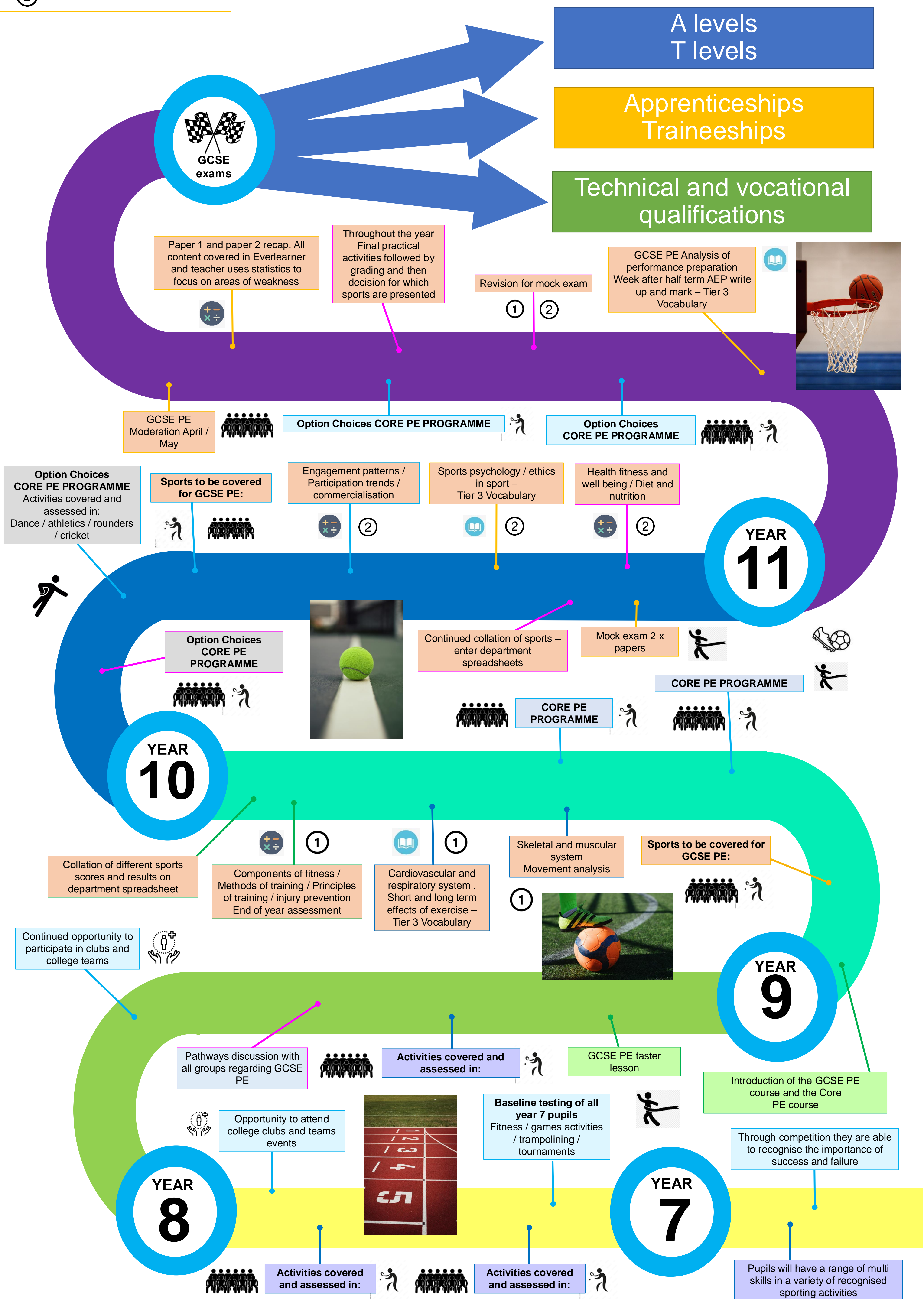








Subject key:

-  Football / Netball / Basketball / Rugby / Table Tennis / Badminton/Cricket
-  Table Tennis / Badminton / Athletics / Trampoline
-  Sports day
-  Paper 1
-  Paper 2



Physical Education Curriculum Road Map



-  Literacy
-  Numeracy
-  Enrichment Cultural Capital
-  Enrichment Catholic Ethos
-  Learning Sequenced
-  Learning Stand Alone

Curriculum intent:

At St Benedict's, we study PE to develop the physical, social and emotional well-being of our students. We aim to provide an engaging and challenging curriculum that allows (all) students to achieve beyond their expectations. To offer excellent opportunities to develop a healthy life-long love of physical activity and to develop a first class teaching and learning environment where both staff and students enjoy working hard together to achieve success. We want all students to feel they belong as part of a team, believe in their healthy potential and thrive physically, socially and emotionally. We do this by developing the attitudes, skills and knowledge required to be a leader and provide memorable experiences throughout a student's journey within Physical Education.